



Hartlepool
Borough Council



This year's theme:

**Mind
and Body**

Celebrating World Mental Health Day 2026

Supporting Mental Wellbeing

Together in Hartlepool

Friday 9th October 2026

Programme of Events

My Voice, My Views, Matter

- 09.30** **Doors open to the public**
Networking Stalls (**Main Hall**)
Community Art Activities (**Art Room, ground floor**)
Hartlepool Schools Art Display (**Main corridor walls**)
Free Refreshments (**Access hatch in main corridor. Seating in Cafe area**)
- 11.00** Arrival of Deputy Lord Lieutenant, Brenda McLeish.
Arrival of Mayor Sue Little
- 11.30** St Teresa's School Choir (**Main Hall**)
- 12.00** Free Lunch - soup with bun (**Acesss hatch in main corridor**)
- 1.00** Presentation of Awards by Deputy Lord Lieutenant (**Main Hall**)
- 1.30** Thank you to our guests
- 2.00** Inclusive Bingo (**Cafe area**)
- 3.00** **Close**

All Day Quiet Area, assistance equipment
(**Upstairs Training Room - via lift / stairs**)

healthwatch
Hartlepool



Active
Hartlepool